

LOFTUS AND WHITBY A.C.



Minutes of AGM held on Tuesday 18th March 2019

Present

Ian Rodgers, Peter Phillips, Norman Chester, Andrew Bostock, Tony Hare, Sue Dick, Malcolm Peggs, Angharad Owen, Michaela Welham, Kyah Hall, Tom Herbert, James O'Brien, Chris Foster, Mikey Garbutt, Julia Jackson, Jono Urban, Neil Duffield, Andrew Marshall, Joanne and Nathan Marshall.

Apologies

Charlie Mugatroyd, Trevor Hardy and Chris Ellis.

Review of previous meeting

Ian Rodgers read through the minutes and approved them.

Secretary's Report

Sue Dick reported that member numbers have increased from last year, we currently have 40 senior male members, 30 senior female (which is almost double from previous years of 16), ? social, 7 paid juniors, 1 second counter and ? students. The increase of numbers was discussed, a number have come from the Run England groups (Skelton & Whitby) and also from the power of social media platforms including Strava, Facebook & Instagram.

Sue reported that we had 22 new members competing in at least one cross country event this season.

Sue thanked Peter Phillips for his excellent ongoing work updating the club website, this has also helped with new members joining our club. Peter reported that we are averaging 300 visits per week, unfortunately this has dropped to 200 this week, he suggested when runners compete they write a short or long review and attach a couple of pictures for Peter to upload. Sue to include this on the next information email sent out to all members.

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Treasurer's Report

Andrew Bostock reported that both the Poultry Run and Mulgrave Run were again very successful, raising money for Loftus Town Mayor's Charity's and Prostrate Cancer Research and also Mulgrave Community Sports Association. It was suggested to link ourselves to a specific charity but then agreed it is best to mix up our donations to various different charities.

Andrew explained the minus within the accounts this year, mainly due to the three big expenses, website update, new club vests and club hoodies.

Membership subs have been frozen again this year, £25 adults, £15 competing juniors/students, £10 non competing juniors/second count/social. Mally Peggs asked if runners join late in the season to run the Yorkshire Vets XC are we okay to offer memberships at half price, it was agreed in these instances it is okay to pay £15 which covers their EA Membership fee.

A first aid refresher course was mentioned, Tony and Andy reported that their usual contacts weren't very helpful regarding this, to be looked into.

Ian raised the subject of coaches, Angharad is interested and will look into future courses. Ian explained that the club will pay all course fees and expenses for members to undertake all their training, but if that member leaves the club then these monies will need reimbursing to the club.

Andrew stated that the accounts are healthy and it would be a good idea for the team Captain's to arrange a championship race as a team with the mini bus paid by the club.

Male Captain's Report

Malcolm Peggs reported that the men had a full team at every cross country event this year and the relays at the start of the season where they came 11th out of 25 teams. Joe Leather came 5th in U17 category, Jono 8th in U20's, Andrew Marshall 6th in V50, Pete Richards Silver in V65 and the team coming 11th out of 15 overall.

Ian said a special thank you to Mally for organising, travelling, pitching the tent and all his hard work towards the cross country season this year.

Mally also reported 2 very successful xc events, Yorkshire's and National's with 16 and 15 runners competing, both were excellent days.

Mally also reported strong performances in the recent Esk Valley Fell's with Steve Hardy, Joe & Sam Leadley & Graham Palmer winning first team at Comondale Clart.

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Praise was also given to Andrew Marshall, Joe & Sam Leadley and Peter Phillips, all competing in various Ultra's around the Cleveland Way and the Welsh Valleys/Mountains.

Mally said in the Stewart Park relays last year we had 6 teams out and this could easily increase this year, they are excellent team events.

Tom told us all about their upcoming event, the Thunder Run, a 24 hour relay race with a team of 8 runners.

Female Captain's Report

Kyah reported that the ladies have had an excellent cross country season, winning the title again with very strong team performances. In addition another 4 medals were won, Grace Rodgers – 1st Senior Lady, Sarah Price – 1st V35, Michaela Welham – 2nd V40, Pat Richards – 1st V65.

Julia Jackson is in with a chance to receive a medal in the fell winter series.

Kyah reported that Joanne Marshall has had a very successful start to Marshall Drive Parkrun, Brotton. Joanne thanked all the members for their overwhelming support, both marshalling and running and it was good to see Loftus & Whitby runners on the parkrun top 10 leader board for Marshall Drive.

Sue showed a picture of Sarah Price and Sara Himsworth crossing the finish line at the Locke Park 20 miler, demonstrating the Loftus & Whitby version of the Mo-Bot!

Juniors Report

Tony reported that Tom has put a lot of time and hard work in with the juniors since starting his coaching course. Numbers are roughly the same and a lot of them are swimmers too so if a gala is on that weekend then training numbers drop. There are also a lot involved in other sports, Grace came 5th in a recent National Biathlon competition.

Tony informed us that Ellie Walsh has been doing really well and is competing as part of the North Yorkshire team this weekend.

Interest was shown in the NYSD track meetings, Tony informed us that all the fixtures are to be held at Middlesbrough this season. Tony will bring the dates to club to be displayed. It was suggested to try to resurrect track and field throughout the club and Angharad explained that races are entered on the day according to your pace rather than age. It was suggested to incorporate monthly track

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sessions into our summer training, possibly the 1st Wednesday of every month and Tom would invite the juniors over too.

Juniors only pay subs if they are competing and under 11's are free regardless.

Election of Officers

Chairperson – Angharad Owen to take over from Ian Rodgers, seconded by Andrew Bostock.

Vice Chair & Website Co-ordinator – (no change) Peter Phillips

Treasurer – (no change) Andrew Bostock

Secretary – (no change) Sue Dick

Mens Captain – (no change) Malcolm Peggs

Ladies Captain – (no change) Kyah Hall

Junior – N/A

Welfare Office – (no change) Jo Braithwaite

Social Organiser – Tom Herbert offered his services to take over from Trevor Hardy

Any Other Business

Mally informed us that Harry Gamble-Thompson, NMH passed away last week, Mally to send our club commiserations.

Tony Hare advised us that this years Mulgrave Run will be our race solely this year and not to host the vets race alongside it. Last year 200 of 400 numbers went to the vets, this year the total limit is reduced to 300 all competing and starting in the same race at the same time.

Tony raised his concerns with the Caedmon cross country fixture, due to it landing in Autumn the bottom path is always covered in fallen leaves and can be dangerous, Tony to ask Sid to change our date to either the first race or a date in December, and explain our reasons, prior to the cross country planning meeting. Sue Dick to organise permits etc, Tony to advise.

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Mally enquired about first aid boxes, Tony has one for Tuesday and Sunday sessions, Andy to make another two boxes up, one for Neil for Friday and one for Ian for Sundays.

Pete Richards is in contact with Richard Asquith, a fell runner and author, he has offered to come along to a club social event and present a talk along with a Q&A session, a few people were interested but we need a bit more information regarding costs, time etc.

Tony updated us with news from South Africa and delivery of old club vests to Knysna Marathon Club, the first kit was given to a local runner who works in the local café, he changed straight away into club vest, shorts and new trainers donated by one of our members and was over the moon with his new kit. Tony also received an email which read as follows;

“On behalf of our junior development team and our assisted runners, I thank you so much for the donation of running vests.

I have handed them on to our development officer, Mariet Horn, and club captain, Zithulele Nquai, to distribute, and asked that they do take photos to send on to you. They were certainly very excited to have these vests to hand on.”

Sue read an email from a Newcastle University student who also runs a sportswear company and would like a few runners to trial their road running shoes, a few members were interested so Sue will find out if there are any hidden costs and a bit more information prior to accepting.

Meeting Closed : 9.40pm