NYSD CROSS COUNTRY SUMMERHILL, HARTLEPOOL SUNDAY 4th December 2022

On reaching Hartlepool on A689, turn left at third traffic lights into Truro Drive, right at next lights into Catcote Road, Car parking is at English Martyrs School, Catcote Road (TS25 4HA). Refreshments (10am to 2pm), Changing & Toilets available in Summerhill Centre.

Please remove spikes and muddy shoes before entering the visitors centre.

Race times & distances		
Under 11 Boys & Girls	11:00am	1.7K
U/11 Start-Small Lap-Finish		
Under 13 Boys & Girls	11:15am	2.8K
U/13 Start-Large Lap-Finish		
Under 15 Boys & Girls	11:30am	3.2K
Start-Large Lap-Finish		
Under 17/20 Senior & Vet Women	11:45am	6.2K
+ Under 17 & Over 65 Men		
Start-Large Lap x 2-Finish		
Under20, Senior & Vet Men	12:30pm	8.9K
Start-Large Lap x 3-Finish		

SMALL LAP A,B,C,F,G LARGE LAP A,B,C,D,E,F,G

NO DOGS ARE ALLOWED ON THE SCHOOL FIELD. NOT EVEN ON LEADS. PLEASE KEEP OFF THE FOOTBALL PITCHES ON THE SCHOOL FIELD

Failure to do so will result in us not being able to use the school field again, which will impact on the ability to host a race here.

