

Individual Points Scores 2022-23

Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
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u11 boys

Daniel Callaghan	Darlington Harriers	10	9	9	10	10	9	6	57	48
Jake Holmes	Allerton Junior A.C.		10	10	7	7	10	5	44	44
Alfie Clarkson	Allerton Junior A.C.	8		6	9	9	6	5	38	38
Rhys Price	Darlington Harriers	7	7	8	8	5	7	6	42	37
Archie Appleton	Marsh House Harriers	6		3	6	8	5	5	28	28
Acer Tarn	Darlington Harriers			4	5	6	3	4	18	18
Hayden Husband	Loftus & Whitby A.C.	9	6					2	15	15
Monty Bowden	Darlington Harriers		8	7				2	15	15
Valentine Long	Loftus & Whitby A.C.	5			3	4	2	4	14	14
Zak Worthington	Darlington Harriers	2		5		3		3	10	10
Josef Slater	Loftus & Whitby A.C.						8	1	8	8
Elliot Banks	New Marske Harriers	4		2				2	6	6
Finley Duffield	Allerton Junior A.C.		5					1	5	5
Tommy Hare	Allerton Junior A.C.	1	2		2			3	5	5
Coby Todd	New Marske Harriers		4					1	4	4
Fin Battle	Allerton Junior A.C.				4			1	4	4
Cory Southern	Allerton Junior A.C.	3				1		2	4	4
Ellis Smith	Darlington Harriers			1	1	2		3	4	4
Sam Prior	City of York A.C.						4	1	4	4
George Togher	Darlington Harriers		3					1	3	3
Jaxon Marshall	City of York A.C.		1					1	1	1
Thomas Mills	Allerton Junior A.C.						1	1	1	1

u13 boys

Matthew Foster	Darlington Harriers	8	9	10	10	10		5	47	47
James I'anson	Darlington Harriers	5	6	9	9	8	8	6	45	40
Sam Carter	Richmond & Zet. Harr.	6	7		8	6	7	5	34	34
Tomas Hoole	Richmond & Zet. Harr.	9	10			9		3	28	28
Thomas Gwillam	Thirsk & Sowerby Harr.		4	7	7		6	4	24	24

Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
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u11 girls

Sasha Patterson	Darlington Harriers	10	7	10	8	9	9	6	53	46
Abigail Ferguson	Allerton Junior A.C.		10	9	10	8	8	5	45	45
Georgia Raw	Allerton Junior A.C.	9	8	8	7	7	6	6	45	39
Connie Wilford	Allerton Junior A.C.		9		9	10	10	4	38	38
Evelynne Metcalf	Loftus & Whitby A.C.		6	6	6	6	7	5	31	31
Isabelle Smith	Allerton Junior A.C.		5	7	4	4	4	5	24	24
Iris Brown	Marsh House Harriers	4	3	5		5	5	5	22	22
Jessie Burgess	Darlington Harriers	5			3	2	3	4	13	13
Trinity Donohue	Aycliffe Running Club	8	2	1				3	11	11
Chloe Atkinson	Allerton Junior A.C.			3	5	3		3	11	11
Sophia Brown	Midd (Mandale) A.C.	7						1	7	7
Carmen Strehlow	Darlington Harriers	6						1	6	6
Jessica Stenson	New Marske Harriers		4					1	4	4
Catherine Fletcher	Richmond & Zet. Harr.			4				1	4	4
Lola Shutt	Darlington Harriers	3			1			2	4	4
Briella Thompson	Midd (Mandale) A.C.	2			2			2	4	4
Lacey Anderson	Hartlepool A.C.			2				1	2	2
Katie Lawrence	City of York A.C.						2	1	2	2
Charlotte Sensical	Darlington Harriers	1						1	1	1
Caitlin Hannity	Allerton Junior A.C.		1					1	1	1
Matilda Townend	Richmond & Zet. Harr.					1		1	1	1
Freya Costello	Allerton Junior A.C.						1	1	1	1

u13 girls

Gabrielle Pinder	New Marske Harriers	10	9	10	9	10	10	6	58	49
Matilda Owens	Darlington Harriers	9		8	10	9	4	5	40	40
Polly Spencer	Richmond & Zet. Harr.	6	6	9		8		4	29	29
Grace Robinson-Tregear	Darlington Harriers	8	8	7	5			4	28	28
Charlotte Owens	Darlington Harriers	5		5	8	7	3	5	28	28

Individual Points Scores 2022-23

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
James Throup	Allerton Junior A.C.	4	5				9	3	18	18
Finn Pentland-Rice	Darlington Harriers	7					10	2	17	17
Lucas Rodgers	Darlington Harriers	3	8					2	11	11
Rowan Steel	Darlington Harriers	10						1	10	10
Lucas Gillies	Hartlepool A.C.			8				1	8	8
Wilf Lamb	Richmond & Zet. Harr.					7		1	7	7
Charlie Atkinson	City of York A.C.					5		1	5	5
Cyrus Tahmassebi	Loftus & Whitby A.C.						5	1	5	5
Thomas Blackburn	New Marske Harriers	1	3					2	4	4
Ethan Garside	Richmond & Zet. Harr.					4		1	4	4
Charlie Poor	Hartlepool A.C.	2						1	2	2

u15 boys

Zander Gribbon	New Marske Harriers	6	4	8	10	10	8	6	46	42
Owen Ovens	Darlington Harriers			7	9	8	7	4	31	31
Jacob Brown	Midd (Mandale) A.C.	10	10	10				3	30	30
Mehdi Ben-Tiba	New Marske Harriers	9	6	9				3	24	24
Hugo Douglas-Reeves	Darlington Harriers	5	5				10	3	20	20
Charlie Jones	Midd (Mandale) A.C.	8	8					2	16	16
Will Hardy	City of York A.C.	7	7					2	14	14
Miles Watson	City of York A.C.					9	5	2	14	14
Cameron Henderson	Allerton Junior A.C.		1	6			6	3	13	13
Daniel I'anson	Darlington Harriers	4	2	5				3	11	11
Will Gale	City of York A.C.					7	4	2	11	11
William Horlock	Allerton Junior A.C.			3	7			2	10	10
Ben Riddiough	New Marske Harriers		9					1	9	9
Ben Guthrie	Scarborough A.C.						9	1	9	9
James Allen	Marsh House Harriers			2	6			2	8	8
Oliver Fish	Marsh House Harriers				8			1	8	8
Wilson Moisey-Smith	City of York A.C.	2					3	2	5	5
Albert Mack	Darlington Harriers			4				1	4	4

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Winnie Long	Loftus & Whitby A.C.	4			7	5	6	4	22	22
Martha Nicholson	Loftus & Whitby A.C.	1	2	3	6	1	5	6	18	17
Emily Rycroft	City of York A.C.	7					8	2	15	15
Emily Costello	New Marske Harriers		7		4	2	1	4	14	14
Natasha Pointon	Allerton Junior A.C.					6	7	2	13	13
Maisey Davies	Allerton Junior A.C.		1	6		4		3	11	11
Martha Shakesheff	Allerton Junior A.C.		5	4			2	3	11	11
Neve Watson	Hartlepool A.C.		10					1	10	10
Nina Hopkins	City of York A.C.						9	1	9	9
Emma Scott	Marsh House Harriers		3	2	3			3	8	8
Bea Smith	Midd (Mandale) A.C.	2	4					2	6	6
Juliette Macquin-Jones	City of York A.C.	3						1	3	3
Isla Watson	City of York A.C.					3		1	3	3
Freya Boon	Darlington Harriers				2			1	2	2
Eleanor Gibson	Darlington Harriers			1				1	1	1
Isla Massingham	Darlington Harriers				1			1	1	1

u15 girls

Eleanor Walsh	Loftus & Whitby A.C.	9	9	10	10	10	9	6	57	48
Savannah Tarn	Darlington Harriers	8		7	9	8		4	32	32
Grace Derry	Allerton Junior A.C.		8	9			10	3	27	27
Libby Acton	Allerton Junior A.C.	7					9	8	24	24
Eden Creasey	Midd (Mandale) A.C.	10	10					2	20	20
Matilda Ellis	Richmond & Zet. Harr.		3		8	7		3	18	18
Lottie Graves	Darlington Harriers	4	1	5			5	4	15	15
Isabelle Wilson	Midd (Mandale) A.C.		5	8				2	13	13
Jennifer Icton	Midd (Mandale) A.C.	6	6					2	12	12
Phoebe Haw	Richmond & Zet. Harr.		4	6				2	10	10
Lily Jeffrey	Marsh House Harriers			1	7			2	8	8
Mhairi Corcoran	Allerton Junior A.C.	5	2					2	7	7
Emma Adamson	Marsh House Harriers	3		4				2	7	7
Freya Talman	Darlington Harriers		7					1	7	7
Liv Unwin	Hartlepool A.C.	2		2				2	4	4
Amelia Hand	Allerton Junior A.C.						4	1	4	4
Mae Newton	Marsh House Harriers			3				1	3	3

Individual Points Scores 2022-23

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Henry Wright	Richmond & Zet. Harr.		3					1	3	3
Daniel Banks	New Marske Harriers	3						1	3	3
Willoughby Crossleigh	Darlington Harriers	1						1	1	1
u17 men										
Fraser Allan	Marsh House Harriers	6	8	10		10	10	5	44	44
Ollie Middleton	Richmond & Zet. Harr.		4	8	10	9	7	5	38	38
Noah Wilson	Allerton Junior A.C.	5	7	9			8	4	29	29
Thomas Carter	Richmond & Zet. Harr.				9	8	6	3	23	23
Benedict Simpson-Alexander	Richmond & Zet. Harr.	8	10					2	18	18
Gregory Walsh	Loftus & Whitby A.C.		1	5	8		4	4	18	18
Thomas McKie	Midd (Mandale) A.C.	7	9					2	16	16
Joseph West	Midd (Mandale) A.C.	10						1	10	10
Matthew Downs	New Marske Harriers		5				5	2	10	10
Alex Boyer	Darlington Harriers		9					1	9	9
Ethan Marron	Midd (Mandale) A.C.	3	6					2	9	9
Luke Boothby	Midd (Mandale) A.C.						9	1	9	9
Kian Wallinger	Midd (Mandale) A.C.	1		7				2	8	8
Sam Archer	Richmond & Zet. Harr.		2	6				2	8	8
Oliver Parker	City of York A.C.					7		1	7	7
Josh Hammett	Richmond & Zet. Harr.	2	3					2	5	5
Aiden Colmer	Darlington Harriers	4						1	4	4
u20 Men										
Ben Hodgson	Marsh House Harriers	10	8	7	9		9	5	43	43
Thomas O'Mahoney	Richmond & Zet. Harr.		10	10		9	10	4	39	39
Charlie Stephenson	Richmond & Zet. Harr.		9	9	10	10		4	38	38
Jack McGarrity	North York Moors A.C.	8		5	7			3	20	20
Kealan Brion	Loftus & Whitby A.C.		7	4			8	3	19	19
Alexander Harrison-Gaze	Loftus & Whitby A.C.			6	8			2	14	14
Rhys Foster	Teesdale A.C.		5				7	2	12	12
Scott Temple	Hartlepool A.C.	9						1	9	9
Isaac Organ	H'Pool Burn Road			3	6			2	9	9
Joseph Reeve	Richmond & Zet. Harr.			8				1	8	8
Benjamin Buckley	Darlington Harriers		6					1	6	6

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Polly Crawshaw	Marsh House Harriers	1						1	1	1
u17 women										
Zoe Hill	Midd (Mandale) A.C.	10	10		10	10	10	5	50	50
Daisy Johnson	Marsh House Harriers	9	7	10	9	9	9	6	53	46
Sarah Adamson	Marsh House Harriers	8	6	9			8	4	31	31
Emily Hodgson	Marsh House Harriers	7	5	8			7	4	27	27
Macy Kelly	Darlington Harriers		9					1	9	9
Islay Wilson	Allerton Junior A.C.		8					1	8	8
u20 women										
Marissa Boon	Darlington Harriers	9	9	0	10	10	10	6	48	48
Grace Cook	Loftus & Whitby A.C.	8			9	9	9	4	35	35
Lois Creasey	Midd (Mandale) A.C.	10	10					2	20	20
Hannah Walsh	Loftus & Whitby A.C.						8	1	8	8

Individual Points Scores 2022-23

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Sen Men										
Gregory Jayasuriya	M'bro & Cleve Harriers	10	10	10	10	10	10	6	60	50
Steven Walker	H'Pool Burn Road	1		3	7	7	8	5	26	26
Jake Stephenson	Richmond & Zet. Harr.		8		8	9		3	25	25
Ryan Norman	M'bro & Cleve Harriers	4			5	4	6	4	19	19
Rob Scott	Richmond & Zet. Harr.		9	8				2	17	17
Michael Harcourt	Darlington Harriers			4	6	6		3	16	16
James Wilkinson	M'bro & Cleve Harriers		4	2		3	7	4	16	16
Scott Wardman	Richmond & Zet. Harr.			6	9			2	15	15
Stephen McDougall	M'bro & Cleve Harriers	7	3			5		3	15	15
Jack Gallagher	New Marske Harriers		6			8		2	14	14
Adam Mitcheu	Darlington Harriers	8	5					2	13	13
Steven Morrison	H'Pool Burn Road	2	1		3	2	5	5	13	13
Josh Cowperthwaite	Midd (Mandale) A.C.	9						1	9	9
Liam Aldridge	Marsh House Harriers			9				1	9	9
Wyatt Hill	Bedale & Aiskew R.					9	1	9	9	9
Stefan McLoughlin	North York Moors A.C.				4	1	3	3	8	8
Tom Danby	New Marske Harriers	5	2					2	7	7
Arne Dumez	Midd (Mandale) A.C.		7					1	7	7
Andrew Love	Marsh House Harriers			7				1	7	7
Leon Rodway	TS Harriers	6						1	6	6
Josh Abrook	North York Moors A.C.			5				1	5	5
Michael Jones	H'Pool Burn Road				1		4	2	5	5
John Firby	Aycliffe Running Club	3						1	3	3
Aaron Keys	M'bro & Cleve Harriers				2			1	2	2
Ian Bilton	H'Pool Burn Road					2	1	2	2	2
Jonathan Weatherill	Loftus & Whitby A.C.			1				1	1	1
Mickey Garbutt	Loftus & Whitby A.C.					1	1	1	1	1
Vet 40 Men										
Richard Atkins	North York Moors A.C.	10	10	10	9	10	10	6	59	50
Mark Jackson	M'bro & Cleve Harriers	8	5	8	7		7	5	35	35
Darren Merrillees	H'Pool Burn Road	9	9	6		9		4	33	33
Richard Fawcett	North York Moors A.C.	7	6	7	6			4	26	26
David Todd	Easingwold R. Club		8	9	8			3	25	25
Michael Burke	Stockton Striders A.C.	6	4		5			3	15	15

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Sen women										
Emily Palmer	Stockton Striders A.C.	9	9	10	10	10	10	6	58	49
Sarah Hunter	New Marske Harriers		6	9	9	9	9	5	42	42
Izzy Hope	Stockton Striders A.C.	8		5		8	8	4	29	29
Maxine Buckton	Stockton Striders A.C.	3		6	6	6		4	21	21
Philippa Stone	Midd (Mandale) A.C.	10	10					2	20	20
Rachael Hall	North York Moors A.C.		4	7	7			3	18	18
Jade Hutchinson	Darlington Harriers		8	8				2	16	16
Olivia Mulligan	Thirsk & Sowerby Harr.				8	7		2	15	15
Gina King	Stockton Striders A.C.	6	7					2	13	13
Elizabeth Dobson	Redcar Running Club	4	5					2	9	9
Charlotte Perkins	H'Pool Burn Road	7						1	7	7
Beth Haggarth	Thirsk & Sowerby Harr.			2	2		3	3	7	7
Erica Dixon	Teesdale A.C.				3		4	2	7	7
Zara Noble	Loftus & Whitby A.C.						7	1	7	7
Emma Powell	Bedale & Aiskew R.		2			4		2	6	6
Lauryn Hellewell	Aycliffe Running Club	1				5		2	6	6
Anna Whitham	Thirsk & Sowerby Harr.						6	1	6	6
Sarah Fairhurst	Thirsk & Sowerby Harr.	5						1	5	5
Josie Green	North York Moors A.C.				5			1	5	5
Holly Shoulder	Aycliffe Running Club						5	1	5	5
Charlotte Morgan	Stockton Striders A.C.			4				1	4	4
Gemma Linsley	Redcar Running Club				4			1	4	4
Rebecca Robson	Darlington Tri Club			3				1	3	3
Lauren Martin	Stockton Striders A.C.				3			1	3	3
Katie Ayton	Stockton Striders A.C.	2						1	2	2
Katie Mottershead	Teesdale A.C.		1					1	1	1
Kyah Hall	Loftus & Whitby A.C.				1			1	1	1
Vet 35 Women										
Esther Harrison	Thirsk & Sowerby Harr.	9	9		10	10	10	5	48	48
Bronwyn Mayo	Thirsk & Sowerby Harr.	7	7		9	9	9	5	41	41
Johanna Atkinson	M'bro & Cleve Harriers	8	6	9	8	7	7	6	45	39
Abby Barker	Stockton Striders A.C.	10	10	10				3	30	23
Clare Rowntree	Thirsk & Sowerby Harr.		5	8		8	8	4	29	33
Louise Danby	New Marske Harriers	2		7	4	5	5	5	23	23

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		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Richard Campbell	Aycliffe Running Club		7				8	2	15	15
Mark Taylor	Redcar Running Club	5				8		2	13	13
Wesley Tarn	Darlington Harriers				10			1	10	10
Rob Dent	Quakers Running Club			5	4			2	9	9
Philip Peggs	Loftus & Whitby A.C.						9	1	9	9
Phil Jeffrey	Marsh House Harriers				2	6		2	8	8
William Lamb	Richmond & Zet. Harr.					7		1	7	7
Lee Coe	North York Moors A.C.	4	2					2	6	6
Dan Shoulder	Aycliffe Running Club						6	1	6	6
Mark Russell	Teesdale A.C.						5	1	5	5
Peter Dunne	Easingwold R. Club	3						1	3	3
David Fender	Stockton Striders A.C.		3					1	3	3
Joe Joyce	Thirsk & Sowerby Harr.				3			1	3	3
Oliver Rodgers	Redcar Running Club		2					1	2	2
Mark Bellas	M'bro & Cleve Harriers		1					1	1	1
Robert Parker	Stockton Striders A.C.			1				1	1	1

Vet 45 Men

Jason Cutler	Stockton Striders A.C.	7	7		9	7	8	5	38	38
Dan Spencer	Richmond & Zet. Harr.	6	8	9		5	7	5	35	35
Jonathon Archer	Stockton Striders A.C.	5	6	8	7		6	5	32	32
Richard Darling	H'Pool Burn Road	8			10	9		3	27	27
Colin Taylor	Darlington Harriers		10		8	8		3	26	26
Carl Jones	Richmond & Zet. Harr.			10		10		2	20	20
Keith Bindoff	M'bro & Cleve Harriers	2	3	7	4	2		5	18	18
Paul Wilson	H'Pool Burn Road		9				9	2	18	18
Paul Simpson	Richmond & Zet. Harr.			3	5	4	3	4	15	15
Simon Clements	New Marske Harriers	4	4	6				3	14	14
Paul McGough	North York Moors A.C.	3	5		3	3		4	14	14
Martin Vasey	M'bro & Cleve Harriers			4	2	1	4	4	11	11
Chris Foster	Loftus & Whitby A.C.				6		5	2	11	11
Paul Dalton	Aycliffe Running Club	10						1	10	10
Alasdair Tatham	North York Moors A.C.						10	1	10	10

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Georgina McDonald	North York Moors A.C.	5			6	6		3	17	17
Paula Stamper	Hartlepool A.C.	0	3	6	3	4		5	16	16
Maria Clemmit	North York Moors A.C.	4	4		5			3	13	13
Kirsty Struthers	North York Moors A.C.	6			7			2	13	13
Grace Raper	Easingwold R. Club		2	4	1	3		4	10	10
Kirsty Naylor	Thirsk & Sowerby Harr.	1			2		6	3	9	9
Samantha Lewsey	Easingwold R. Club		8					1	8	8
Joanne Love	Marsh House Harriers		1	5				2	6	6
Kelly Dickinson	Aycliffe Running Club			3		2		2	5	5
Jennifer Wager	H'Pool Burn Road	3						1	3	3
Emma Rushton	Easingwold R. Club					1		1	1	1

Vet 40 Women

Samantha Davies	Easingwold R. Club		8	10	10	10	10	5	48	48
Helen Scott	M'bro & Cleve Harriers	10	10	9		9	9	5	47	47
Nicola Darragh	Stockton Striders A.C.	7	3	6	7	7	7	6	37	34
Victoria Burns	M'bro & Cleve Harriers	5		7	6	5	4	5	27	27
Lucy Verrill	Richmond & Zet. Harr.	8	6		9			3	23	23
Emma Fleming	Stockton Striders A.C.		7			8	8	3	23	23
Claire Murphy	M'bro & Cleve Harriers	2			4	6	5	4	17	17
Sarah Jackson	M'bro & Cleve Harriers		5	8				2	13	13
Sarah-Jayne Gill	Aycliffe Running Club	6	1	5				3	12	12
Rosie Gatenby	Thirsk & Sowerby Harr.			4	5		2	3	11	11
Amber Southern	Allerton Junior A.C.	9						1	9	9
Louise Talman	Darlington Harriers	0	9					2	9	9
Liz Simpson	Stockton Striders A.C.	3					6	2	9	9
Louise Baker	Bedale & Aiskew R.			2	3	3		3	8	8
Abbie Hull	Quakers Running Club				8			1	8	8
Donna Blackwell	Redcar Running Club	4						1	4	4
Sarah Beale	Bedale & Aiskew R.		4					1	4	4
Cheryl Murray	Easingwold R. Club					4		1	4	4

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Andrew Ackerley	North York Moors A.C.		9					1	9	9
Simon Russell	Stockton Striders A.C.		1	5	1			3	7	7
Steve Middleton	Richmond & Zet. Harr.					6		1	6	6
Peter McElvaney	M'bro & Cleve Harriers	1	2					2	3	3
Gordon Mitchell	Orchard Eagles R.C.			2				1	2	2
Ken Wood	Thirsk & Sowerby Harr.						2	1	2	2
Graham Garvey	Darlington Harriers			1				1	1	1
Richard Gale	Easingwold R. Club						1	1	1	1
Vet 50 Men										
Vaughan Godber	H'Pool Burn Road	8	9	10	10	9		5	46	46
Shaun Tyson	H'Pool Burn Road		8	9		7	10	4	34	34
Paul Johnson	Stockton Striders A.C.	7	6	7	6	5		5	31	31
Marc Ellis	Quakers Running Club		10	8		10		3	28	28
Calvin Nicholson	Marsh House Harriers	3	3		8		9	4	23	23
Craig (Michael) Keedy	Hambleton A.R.C.	9				8		2	17	17
James Wigglesworth	Bedale & Aiskew R.	2			5	3	6	4	16	16
David Aspin	New Marske Harriers	4				4	7	3	15	15
Paul Ellis	Richmond & Zet. Harr.		7			6		2	13	13
Dez Fielden	Aycliffe Running Club	6		6				2	12	12
John Clifford	Darlington Harriers	10						1	10	10
Mark Clegg	Easingwold R. Club	5	5					2	10	10
Neil King	Easingwold R. Club				9			1	9	9
Justin Waring	Loftus & Whitby A.C.						8	1	8	8
Paul Wilkin	M'bro & Cleve Harriers				4		4	2	8	8
Alan Simpson	Thirsk & Sowerby Harr.				3		5	2	8	8
Tim Palmer	North York Moors A.C.				7			1	7	7

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Jennifer Proll	North York Moors A.C.			3				1	3	3
Tamara Kirk	Aycliffe Running Club						3	1	3	3
Anna Parker	Orchard Eagles R.C.		2					1	2	2
Emma Liddell	Orchard Eagles R.C.				2			1	2	2
Gemma Reay	Orchard Eagles R.C.					2		1	2	2
Ann Harrington	Bedale & Aiskew R.	1						1	1	1
Caroline Gibson	Darlington Harriers			1				1	1	1
Helen Spaven	Quakers Running Club					1		1	1	1
Phillippa Hambley	Loftus & Whitby A.C.						1	1	1	1
Vet 45 Women										
Sharon Thornton	New Marske Harriers	10	10	10	10	10	10	6	60	50
Nicola Simpson	Richmond & Zet. Harr.	8	6	9	9	9	9	6	50	44
Michaela Welham	Loftus & Whitby A.C.	7	8	8	8	8	7	6	46	39
Emma Jackson	Loftus & Whitby A.C.	4	3	5	7	7	6	6	32	29
Sue Dick	Loftus & Whitby A.C.		2	6	6	6	5	5	25	25
Helen Adamson	Marsh House Harriers	6	5	7			4	4	22	22
Tracy Biney	North York Moors A.C.	9	9					2	18	18
Rebecca Cacioppo	Loftus & Whitby A.C.			4	4	5	2	4	15	15
Charlotte Stonehouse	New Marske Harriers	5	7					2	12	12
Annemarie Wilson	North York Moors A.C.	1	4		3			3	8	8
Bernadette Caygill	Darlington Harriers					8		1	8	8
Catherine Shutt	North York Moors A.C.	2			5			2	7	7
Rachel Farrand	Easingwold R. Club			2		3	1	3	6	6
Catherine Howell-Walms	Easingwold R. Club	3	1					2	4	4
Nicola Jenkins	Thirsk & Sowerby Harr.					4		1	4	4
Lisa Poole	M'bro & Cleve Harriers			3				1	3	3
Carol Palin	Loftus & Whitby A.C.						3	1	3	3
Victoria Wright	North York Moors A.C.				2			1	2	2
Sarah Pardington	Bedale & Aiskew R.					2		1	2	2
Lisa Chapman	New Marske Harriers			1				1	1	1
Faith Coy	Thirsk & Sowerby Harr.				1			1	1	1
Karen Dove	Quakers Running Club					1		1	1	1
Vet 50 Women										
Patricia Speedie	New Marske Harriers	9	9	9		10	9	5	46	46
Louise Trainor	Quakers Running Club	4	7	8	9	8	10	6	46	42
Emma Atkinson	Easingwold R. Club	2	5	7		7	7	5	28	28

Individual Points Scores 2022-23

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Michael Thompson	Quakers Running Club			5	1			2	6	6
Shaun Dodd	Aycliffe Running Club			4			2	2	6	6
Nigel Mawer	Teesdale A.C.		4					1	4	4
Mark Behrens	North York Moors A.C.		2	2				2	4	4
David Tervit	Thirsk & Sowerby Harr.			1			3	2	4	4
Steven Newton	Orchard Eagles R.C.			3				1	3	3
Bill Hornby	H'Pool Burn Road				2			1	2	2
Jon Orange	Richmond & Zet. Harr.					2		1	2	2
Kevin Wilson	Darlington Harriers	1						1	1	1
Paul Keedy	Darlington Harriers		1					1	1	1
Chris Lees	Hambleton A.R.C.					1		1	1	1
Neil Allison	Redcar Running Club						1	1	1	1
Vet 55 Men										
Mark Forrest	Richmond & Zet. Harr.	9	10	10	10	10	10	6	59	50
Tony Oliver	H'Pool Burn Road	10	9	9			9	4	37	37
Andrew Carey	H'Pool Burn Road	8	4	2	7	7	6	6	34	32
Paul Peacock	Thirsk & Sowerby Harr.	6	7	4		8	7	5	32	32
Dave Watkins	North York Moors A.C.	7	8		9			3	24	24
Kevin McLoughlin	North York Moors A.C.			7		9	8	3	24	24
Mark Whiteman	Easingwold R. Club		3	8	8			3	19	19
Paul Birch	M'bro & Cleve Harriers				5	6	4	3	15	15
Steve Loseby	Easingwold R. Club		6	5				2	11	11
Simon Donoghue	Easingwold R. Club		5	6				2	11	11
David Raymond	Teesdale A.C.	5				5		2	10	10
Simon Cook	Loftus & Whitby A.C.	3			1	4	1	4	9	9
Michael Good	M'bro & Cleve Harriers	4			3			2	7	7
Paul Atkinson	Thirsk & Sowerby Harr.			1	6			2	7	7
Gary O'Conner	Aycliffe Running Club						5	1	5	5
Jeff Miller	Darlington Harriers		1	3				2	4	4
Mark May	Scarborough A.C.				4			1	4	4
David Adams	Bedale & Aiskew R.				2		2	2	4	4
Dave Blewitt	Aycliffe Running Club					3		1	3	3
Kevin Burks	Redcar Running Club						3	1	3	3

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Kelly Clapton	Loftus & Whitby A.C.		2	6	3	6	6	5	23	23
Dawn Harrison	Loftus & Whitby A.C.	6			7	9		3	22	22
Dawn Richardson	Quakers Running Club		10	10				2	20	20
Marie Stansmore	M'bro & Cleve Harriers	10			8			2	18	18
Angela Turnbull	North York Moors A.C.	1	4	5	6			4	16	16
Hester Butterworth	Scarborough A.C.	5	6					2	11	11
Clare Gwillam	Thirsk & Sowerby Harr.		1	3	2		5	4	11	11
Trudy Morrice	Thirsk & Sowerby Harr.				10			1	10	10
Linda Carruthers	Easingwold R. Club					5	4	2	9	9
Joanne Scott	H'Pool Burn Road	8						1	8	8
Katy Rawnsley	Scarborough A.C.		8					1	8	8
Lisa Bennett	New Marske Harriers						8	1	8	8
Carmel Colebrooke	Quakers Running Club	7						1	7	7
Louise Mayfield	Thirsk & Sowerby Harr.				5			1	5	5
Penny Outhwaite	Allerton Junior A.C.			4				1	4	4
Michelle Ince	Stockton Striders A.C.				4			1	4	4
Anna Jones	Easingwold R. Club	3						1	3	3
Debs White	North York Moors A.C.		3					1	3	3
Jane Raif	Redcar Running Club			2	1			2	3	3
Polly Oldacres	Hambleton A.R.C.						3	1	3	3
Susan Kershaw	M'bro & Cleve Harriers			1				1	1	1
Vet 55 Women										
Kath Aspin	New Marske Harriers		10	10	10	10	9	5	49	49
Pauline Whittaker	Richmond & Zet. Harr.	10	9	9	7	8	8	6	51	44
Pam Birch	M'bro & Cleve Harriers		5	8	6	7		4	26	26
Sue King	Stockton Striders A.C.	7		7		6		3	20	20
Lorraine Hiles	Thirsk & Sowerby Harr.				9	0	10	3	19	19
Debbie Gregson	Easingwold R. Club	5	3	4	4	2		5	18	18
Hilary Coventry	Thirsk & Sowerby Harr.	9			8			2	17	17
Amanda Burton	Loftus & Whitby A.C.	2	4	5	5	1		5	17	17
Dawn Devine	Redcar Running Club	4		2	3	4	4	5	17	17
Melanie Rowland	Aycliffe Running Club		2			5	7	3	14	14
Marcia Singleton	Bedale & Aiskew R.	6		6				2	12	12
Helen Adams	Bedale & Aiskew R.		6				5	2	11	11
Amanda Robinson	New Marske Harriers	3		3		3		3	9	9

Individual Points Scores 2022-23

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
David Paver	City of York A.C.	7	5			3	4	4	19	19
Robert Burn	Thirsk & Sowerby Harr.	9					9	2	18	18
Martin White	New Marske Harriers		4	2	5	5		4	16	16
Roger Teare	Easingwold R. Club		7	4				2	11	11
Brian Martin	Quakers Running Club			10				1	10	10
Pedro Carrasco	Thirsk & Sowerby Harr.						6	1	6	6
Malcolm Peggs	Loftus & Whitby A.C.					4		1	4	4
Mike Padgham	Scarborough A.C.		3					1	3	3
Vet 70 Men										
Kevin Greenall	Aycliffe Running Club	10	10	10	9	10		5	49	49
Tony Slater	New Marske Harriers	7		7	6	8	9	5	37	37
David Clouston	H'Pool Burn Road	8	8	9	8			4	33	33
Ken Evitt	Thirsk & Sowerby Harr.		7		7	9	10	4	33	33
David Marr	M'bro & Cleve Harriers	9	9	8				3	26	26
Colin Scollay	New Marske Harriers	6	6		4		8	4	24	24
Hugh Jenyns	Thirsk & Sowerby Harr.				5	7		2	12	12
Eddie Meehan	North York Moors A.C.				10			1	10	10
Vet 75 Men										
Alan Wikeley	Thirsk & Sowerby Harr.	8	8	9	10	9	9	6	53	45
Derek Casson	M'bro & Cleve Harriers	10	10	10				3	30	30
Geoff Bullock	Thirsk & Sowerby Harr.					10	10	2	20	20
Danny Gordon	Quakers Running Club	9	9					2	18	18
Vet 80 Men										
Ronnie Sherwood	New Marske Harriers	10	10	10				3	30	30
Vet 85 Men										
Ian Barnes	Darlington Harriers	10	10		10			3	30	30

		Acklam	Foxrush	Summerhill	Ormesby	Richmond	Whitby	Races Ran	Total Points	Best 5 scores
Vet 70 Women										
Patricia Richards	Loftus & Whitby A.C.	10	10	10	0	10	10	6	50	50
Carolyn Gale	North York Moors A.C.	9		9			9	3	27	27
Diana Williams	Thirsk & Sowerby Harr.				10	9		2	19	19
Judith Rodwell	Teesdale A.C.	8	9					2	17	17
Vet 75 Women										
Margaret Wikeley	Thirsk & Sowerby Harr.	10	10	10	10	10	10	6	60	50
Linda Gossage	Quakers Running Club	9						1	9	9

Medal winners must have a Minimum of 3 scores to count